The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, see http://www.tbtfund.org or call the TBT
Plan Administration Office at 1-800-533-0119. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the **Glossary**. You can view the Glossary at https://www.tbtfund.org or call the TBT Plan Administration Office at 1-800-533-0119 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	Combined deductible for hospital/medical/drug: For network providers \$250 individual / \$500 family. For out-of-network providers \$500 individual / \$1,000 family.	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible?</u>	Yes. Preventive care and preauthorized inpatient care at network provider hospital are covered before you meet your deductible.	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For <u>network providers</u> \$3,000/ individual per calendar year. For <u>out-of-network providers</u> , \$7,500/ individual per calendar year.	The <u>out-of-pocket limit</u> is the most you could pay in a calendar year for covered services.

Coverage Period: 10/01/2023 - 09/30/2024

Coverage for: Family | Plan Type: Indemnity PPO

What is not included in the <u>out-of-pocket limit</u> ?	Premiums, balance billing charges, copayments on certain services, health care this plan doesn't cover, and penalties for failure to obtain preauthorization for certain services.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. California residents: see www.anthem.com/ca or call 1-888-887-3725 for network providers. If substance abuse, call Teamsters Alcohol/Drug Program (TAP) at 1-800-253-8326 for network providers. Non-California, residents: call Anthem Blue Cross Blue Shield Nationwide network at 1-800-810-2583 for network providers.	This <u>plan</u> uses a provider <u>network</u> . You will pay less if you use a <u>provider</u> in the <u>plan's network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the provider's charge and what your <u>plan</u> pays (<u>balance billing</u>). Plan does not pay for out-of-network charges that are higher than <u>Usual</u> , <u>Customary & Reasonable</u> (UCR). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the specialist you choose without a referral.



All <u>copayment</u> and <u>coinsurance</u> costs shown in this chart are after your <u>deductible</u> has been met, if a <u>deductible</u> applies.

Common		What Y	ou Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you visit a health	Primary care visit to treat an injury or illness	\$10 <u>copayment</u> per visit	50% <u>coinsurance</u> of <u>UCR</u> charges	None
care <u>provider's</u> office or clinic	Specialist visit	\$10 <u>copayment</u> per visit. For chiropractic, 20% <u>coinsurance</u> .	50% <u>coinsurance</u> of <u>UCR</u> charges	None

^{*} For more information, see the <u>summary plan description</u> materials at http://www.tbtfund.org or call the TBT Plan Administration Office at 1-800-533-0119.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
	Preventive care/screening/ Immunization	No charge	20% <u>coinsurance</u> of <u>UCR</u> charges	Includes most routine exams, x-rays, lab work & immunizations at network provider. See list of covered preventive services at https://www.healthcare.gov/coverage/preventive care-benefits/.
If you have a test	Diagnostic test (x-ray, blood work) Imaging (CT/PET scans, MRIs)	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	None
If you need drugs to	Generic drugs	20% coinsurance by	50% coinsurance of UCR	By reimbursement only (after meeting
treat your illness or condition More information about prescription drug coverage is available at	Preferred brand drugs	reimbursement	charges by reimbursement	combined medical/drug <u>deductible</u>). If brand drug ordered when generic drug is available, you pay cost difference per prescription. <u>Outof-pocket limits</u> of \$3,600 per individual/\$7,200 per family. Mail order required after second fill for maintenance drugs.
www.tbtfund.org or	Non-preferred brand drugs	Not covered	Not covered	Not covered
<u>www.anthem.com/ca</u> or call 1-833-293-0659.	Specialty drugs only through Accredo Specialty Pharmacy at 1-833-255-0645	20% <u>coinsurance</u> by reimbursement	Not covered	Must use Accredo Specialty Pharmacy for Specialty drugs. Brand restriction explained above.
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	None
	Physician/surgeon fees	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	None
If you need immediate medical attention	Emergency room care	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	None
	Emergency medical transportation	20% coinsurance	20% <u>coinsurance</u> of <u>UCR</u> charges	Ambulance or air ambulance for convenience not covered.
	Urgent care	20% coinsurance	50% coinsurance of UCR charges	None

^{*} For more information, see the <u>summary plan description</u> materials at http://www.tbtfund.org or call the TBT Plan Administration Office at 1-800-533-0119.

Common		What You Will Pay		Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information
If you have a hospital stay	Facility fee (e.g., hospital room)	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	Preauthorization is required. If you don't get preauthorization by the plan's medical review organization, benefits could be reduced by 50% of the total cost of services.
	Physician/surgeon fees	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	\$10 <u>copayment</u> per visit	50% <u>coinsurance</u> of <u>UCR</u> charges	For substance abuse treatment, review by Teamsters Alcohol/Drug Program (TAP) is recommended.
	Inpatient services	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	Preauthorization required for all non- emergency stays and within 72 hours if emergency. If you don't get preauthorization by the plan's medical review organization (or by TAP for substance abuse), benefits could be reduced by 50% of the total cost of services.
If you are pregnant	Office visits	\$10 <u>copayment</u> per visit	50% <u>coinsurance</u> of <u>UCR</u> charges	Cost sharing does not apply to certain preventive services. Maternity care may include tests and services described elsewhere in the
	Childbirth/delivery professional services	20% coinsurance	50% coinsurance of UCR charges	SBC (i.e. ultrasound).
	Childbirth/delivery facility services	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	

^{*} For more information, see the <u>summary plan description</u> materials at http://www.tbtfund.org or call the TBT Plan Administration Office at 1-800-533-0119.

Common		What You Will Pay		Limitations, Exceptions, & Other Important	
Medical Event	Services You May Need	Network Provider (You will pay the least)	Out-of-Network Provider (You will pay the most)	Information	
If you need help	Home health care	20% <u>coinsurance</u>	50% coinsurance of UCR	Preauthorization is required. If you don't get preauthorization by the plan's medical review	
recovering or have other special health	Rehabilitation services	20% coinsurance	charges	organization, benefits could be reduced by 20% of the total cost of services.	
needs	Habilitation services	Not covered	Not covered	Not covered	
	Skilled nursing care	20% <u>coinsurance</u>	20% <u>coinsurance</u> of <u>UCR</u> charges	60-day maximum per disability. Services must be <u>preauthorized</u> within 7 days of inpatient stay of 5 or more days. If you don't get <u>preauthorization</u> by the <u>plan's</u> medical review organization, benefits could be reduced by 50% of the total cost of services.	
	Durable medical equipment	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	Covered for rental or preauthorized purchase.	
	Hospice services	20% coinsurance	50% <u>coinsurance</u> of <u>UCR</u> charges	Preauthorization is required. If you don't get preauthorization by the plan's medical review organization, benefits could be reduced by 50% of the total cost of services.	
If your child needs	Children's eye exam	Not covered	Not covered	Coverage provided under a separate vision plan.	
dental or eye care	Children's glasses	Not covered	Not covered	Coverage provided under a separate vision plan.	
	Children's dental check-up	Not covered	Not covered	Coverage provided under a separate dental plan.	

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Cosmetic surgery
- Dental care (covered under a separate dental plan)
- Hearing aids

- Infertility treatment
- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing
- Routine eye care (covered under a separate vision plan)
- Weight loss programs

^{*} For more information, see the <u>summary plan description</u> materials at http://www.tbtfund.org or call the TBT Plan Administration Office at 1-800-533-0119.

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Acupuncture (<u>preauthorization</u> required)
- Bariatric surgery (<u>preauthorization</u> required)
- Chiropractic care

Routine foot care

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.healthcare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your <u>plan</u> for a denial of a <u>claim</u>. This complaint is called a <u>grievance</u> or <u>appeal</u>. For more information about your rights, look at the explanation of benefits you will receive for that medical <u>claim</u>. Your <u>plan</u> documents also provide complete information to submit a <u>claim</u>, <u>appeal</u>, or a <u>grievance</u> for any reason to your <u>plan</u>. For more information about your rights, this notice, or assistance, contact: the TBT Plan Administration Office at 1-800-533-0119 or the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or <u>www.dol.gov/ebsa/healthreform</u>.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet the Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-533-0119.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码1-800-533-0119.

^{*} For more information, see the summary plan description materials at http://www.tbtfund.org or call the TBT Plan Administration Office at 1-800-533-0119.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ Specialist copayment	\$10
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,800

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$20
Coinsurance	\$2,500
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$2,830

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

■ The plan's overall deductible	\$250
■ Specialist copayment	\$10
■ Hospital (facility) coinsurance	20%
■ Other <u>coinsurance</u>	20%

This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)

Diagnostic tests (blood work)

Diagnostic tests (blood work)

Prescription drugs

Durable medical equipment (glucose meter)

Total Example Cost	\$7,400

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$100
Coinsurance	\$1,220
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$1,630

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

■ The <u>plan's</u> overall <u>deductible</u>	\$250
■ Specialist copayment	\$10
■ Hospital (facility) coinsurance	20%
■ Other coinsurance	20%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

Durable medical equipment (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$1,900
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$30
Coinsurance	\$330
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$610

The <u>plan</u> would be responsible for the other costs of these EXAMPLE covered services.



